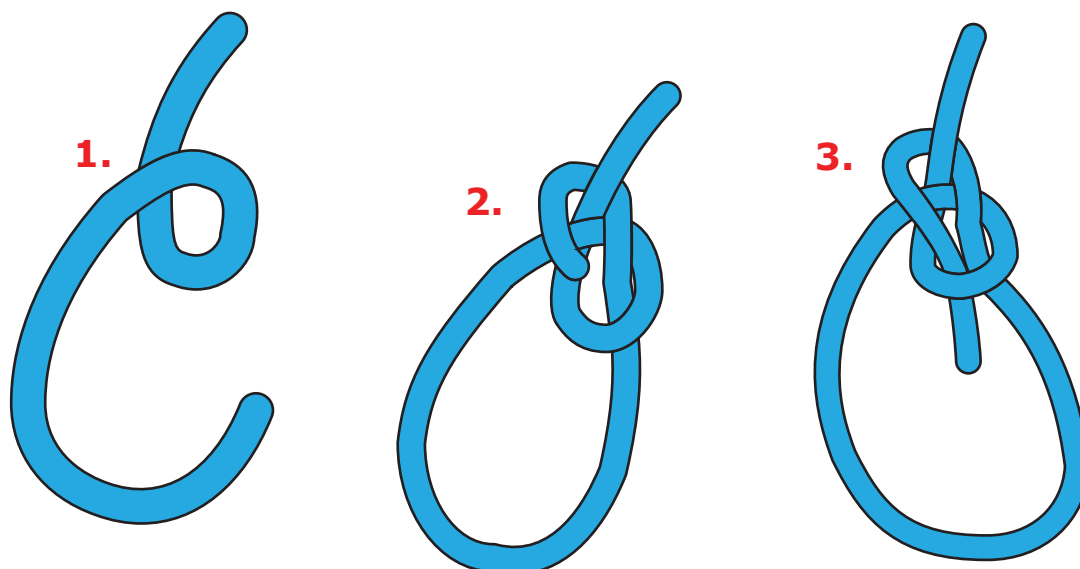


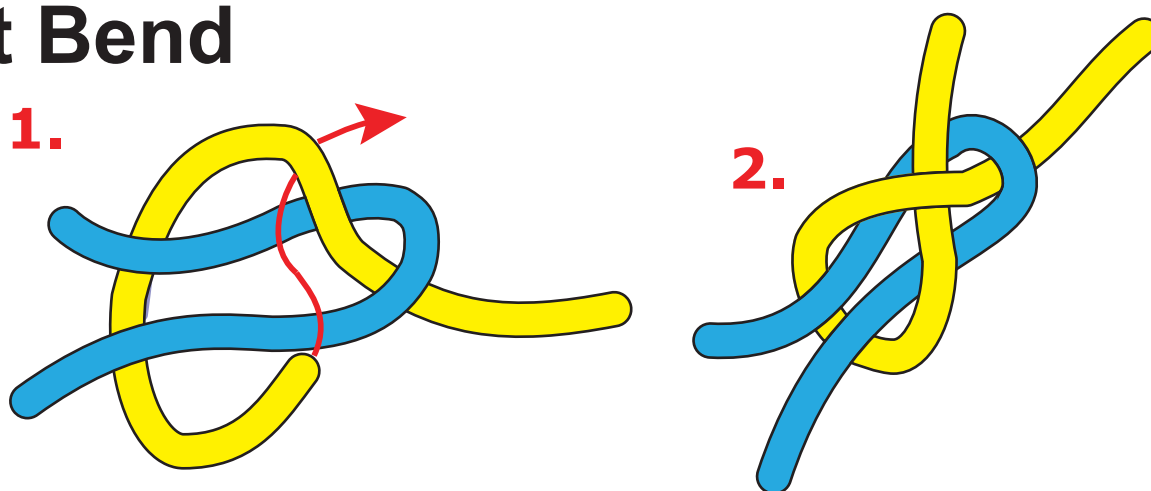
KNOTTING THREE

Bowline



Lay the rope across your left hand with the free end hanging down. Form a small loop in the line in your hand. Bring the free end up to and pass through the eye from the under side. Wrap the line around the standing line and back down through the loop. Tighten the knot by pulling on free end while holding standing line

Sheet Bend



Form a loop in the end of one rope. Pass the free end of the rope to be joined under the opening of the loop, around both parts of the first rope and back under itself. Pull all four ends to tighten